



Do you
wash your
hands

after using
a public
toilet?

Chances are
you're sharing
it with those
who don't.

95% of Americans **say** they
wash their hands after using the
bathroom... but observers in
public bathrooms found that up to
38% of people **don't** wash.*

*American Society for Microbiology 2003 Survey

Health care
specialists cite
hand washing as

**"the single
most effective
way to prevent the
transmission of
disease."**

*Centers for Disease Control
and Prevention*

free activity offer!

Get free hand hygiene
activities online today at
[www.terrificscience.org/
healthrich/](http://www.terrificscience.org/healthrich/)



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*Germs are simulated by glitter.

How well do you remove
germs when washing your
hands? Find out in the activity
Wash This Way!



What happens when you touch food
with germly hands? Find out in the activity
Watching Granny Smith Rot!