



Do you  
wash your  
hands

after using  
a public  
toilet?

Chances are  
you're sharing  
it with those  
who don't.

95% of Americans **say** they  
wash their hands after using the  
bathroom... but observers in  
public bathrooms found that up to  
**38%** of people **don't** wash.\*

\*American Society for Microbiology 2003 Survey

Health care  
specialists cite  
hand washing as

**"the single  
most effective  
way to prevent the  
transmission of  
disease."**

*Centers for Disease Control  
and Prevention*

**free activity offer!**

Get free hand hygiene  
activities online today at  
[www.terrificscience.org/  
healthrich/](http://www.terrificscience.org/healthrich/)



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**\*fun!**

\*Germs are simulated by glitter.

How well do you remove  
germs when washing your  
hands? Find out in the activity  
***Wash This Way!***



**yuck!**

What happens when you touch food  
with germly hands? Find out in the activity  
***Watching Granny Smith Rot!***