






You Pick the Challenges...

Do Some Now...

Do Some Later...

The *More Than Skin Deep!* handbook is divided into eight parts: **Challenges 1–7** and **Have More Fun**. Each **Challenge** includes hands-on investigations , fun Internet searches , and interesting facts that you'll really want to read  about. **Have More Fun** includes puzzles  and other fun ways to use what you've learned. You can do the **Challenges** in any order. Decide what you are going to do first, and get started!

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